



EMPOWER RF



WHAT IS EMPOWER?

Empower is the umbrella name that includes up to 7 complimentary technologies, individually or combined, to address many female health and wellness concerns. The 7 treatments are

WOMEN'S HEALTH

MORPHEUS8*v* | *v*TONE | FORMA *v* | AVIVA

AESTHETICS

MORPHEUS8 | MORPHEUS8 *body* | TONE

WHO CAN BE TREATED?

Most all adult females with women's health & wellness concerns; particularly those who have had children or women dealing with any symptoms of menopause. Common concerns are aging tissue, low blood flow and sensitivity, pain sensation and weakening of the muscles.

FORMA *v*

This is a non-hormonal, intravaginal treatment that is registered as a therapeutic device for the treatment of sexual dysfunction or as an adjunct to Kegel exercises (tightening of the muscles of the pelvic floor to increase muscle tone) and cleared for temporary improvements in blood circulation, muscle pain relief and muscle relaxation.

A small wand that is inserted into the vaginal canal that deploys gentle, uniformed heat and energy to cause healing in the vaginal tissue. It improves muscle stimulation and relaxation while strengthening the pelvic floor

- › Stress urinary incontinence
- › Improves blood circulation
- › Vaginal Laxity cause by childbirth aging, genetics and/or trauma
- › Symptoms often caused, but not limited to, Menopause
- › Dryness, burning sensations, and irritation in the genital area
- › Poor vaginal lubrication during intercourse, discomfort or pain with intercourse, and impaired sexual function
- › An urgent need to urinate, painful urination, or recurrent urinary tract infections (UTI's)

1. IS IT PAINFUL AND IS THERE ANY DOWNTIME?

Depending on the intensity of the treatment, there is little to no downtime. Most patients may have a slight discomfort during and immediately after the treatment. Some patients will experience no discomfort at all. You can expect to feel a heating sensation during the treatment and sometimes for several hours after.

2) HOW MANY SESSIONS ARE REQUIRED?

The provider will determine the best treatment plan for you. The majority of patients have 3 sessions; however, most notice a difference after only 1 treatment! The number of sessions depends on your treatment concerns, your personal goals, and if you plan on using combination treatments.

TREATMENT SCHEDULE

- 1 The number of treatment sessions depends on the individual patient and is typically 2-3 sessions, every 2-4 weeks but can vary according to patient response.
- 2 Treatment time internally and externally up to 30 minutes may reduce the number of sessions to 1-2 but depends on skin response and patient tolerance.
- 3 Treatment should be concluded when the results are satisfactory to the patient or according to the physician's discretion.

POST TREATMENT RECOMMENDATIONS

- 1 The Patient should avoid very hot water for 2 days after the treatment.
- 2 The Patient should avoid mechanical contact with the treated area for 2 days.
- 3 After each treatment session, the patient should be advised to contact the physician if there is any indication of infection, excessive swelling, redness, pain, or any other unusual or untoward symptom.
- 4 The Handpiece should be cleaned of the gel and disinfected by 70% alcohol.
- 5 The tip should be disposed.

MORPHEUS8V

Morpheus8V is a fast and effective radiofrequency technology that provides intravaginal tissue remodeling. Morpheus8V rejuvenates the vagina to improve sexual drive, comfort, and enjoyment and to restore a youthful appearance to a woman's vaginal area.

HOW DOES IT WORK?

A vaginal rejuvenation from Morpheus8V delivers controlled pulses of radiofrequency energy deep into the vagina and labia to tighten the soft tissue and stimulate the production of elastin and collagen.

WHAT DOES MORPHEUS 8 TREAT/IMPROVE?

The result is increased lubrication and renewed thickness, strength, and tone in the vaginal walls and labia, which results in vaginal tightening and more comfort with intimacy

IS IT PAINFUL AND IS THERE ANY DOWNTIME?

A topical numbing is applied for patient comfort. Minimal downtime: typically, 1-3 days but sometime the area might be red for up to a week.

HOW MANY SESSIONS ARE REQUIRED?

Depending on your recommendation, you can expect to have between 1-3 sessions.



VTONE

VTone is a small anatomically shaped applicator that delivers intravaginal electrical muscle stimulation (EMS) to rehabilitate weak pelvic floor muscles treating stress, urge, and mixed urinary incontinence. Under doctor supervision and treatment with VTone, you can achieve life-changing results.

IS IT PAINFUL AND IS THERE ANY DOWNTIME?

Depending on the intensity of the treatment but most patients find it very comfortable. The great thing about VTone is after the treatment you can continue about your daily activities as there's no downtime.

HOW MANY SESSIONS ARE REQUIRED?

The provider will determine the best treatment plan for you. The majority of patients have 6 sessions; however, most notice a difference after only 1 treatment! The number of sessions depends on your treatment concerns, your personal goals, and if you plan on using combination treatments. With VTone we are strengthening a muscle to relieve of symptoms so maintenance treatments are done on an as needed basis.

TREATMENT SCHEDULE

The number of treatment sessions depends on the individual patient and is typically up to 6 sessions, every 1-3 weeks but can vary according to patient response.

Treatment time is 10-30 minutes according to patient tolerance and conditions.

Longer treatment time may reduce number of sessions but depends on tissue response and patient tolerance.

Treatment should be concluded when the results are satisfactory to the patient or according to the physician's discretion

POST TREATMENT RECOMMENDATIONS

The Patient should avoid sexual intercourse or the use of mechanical vibrator within the treated area for 2 days.

After each treatment session, the patient should be advised to contact the physician if there is any indication of infection, excessive swelling, redness, pain, or any other unusual or untoward symptom.



MORPHEUS 8

This is a fractional treatment promoting tissue remodeling. In other words, it is proven to reduce wrinkles and rebuild collagen. The treatment can be customized to treat any part of the vulva or mons pubis.

HOW DOES IT WORK?

Topical numbing is applied for patient comfort on the areas to be treated. Then the Morpheus 8 treatment is performed. It uses heat plus tiny microneedles that helps promote new collagen.

WHAT DOES MORPHEUS 8 TREAT/IMPROVE?

Women's Health:

- › The overall external appearance of the vulva
Wrinkled appearance of the labia as it helps
- › tighten the skin Can helps retract the clitoral hood
- › Improve blood flow for increased sensation

Aesthetics

- › Skin tightening
- › Stretch marks
- › Wrinkle reduction
- › Acne/surgical scars
- › Hyperhidrosis

IS IT PAINFUL AND IS THERE ANY DOWNTIME?

A topical numbing is applied for patient comfort. Minimal downtime: typically, 1-3 days but sometime the area might be red for up to a week.

HOW MANY SESSIONS ARE REQUIRED?

Depending on your recommendation, you can expect to have between 1-3 sessions.

WHAT DOES MORPHEUS 8 TREAT/IMPROVE?

The overall external appearance of the vulva. Your physician can completely customize the treatment areas for the most superior skin tightening available.

IS IT PAINFUL AND IS THERE ANY DOWNTIME?

Local anesthesia is used for patient comfort. Minimal downtime: typically, 1-3 days but sometime the area might be red for up to a week.

HOW MANY SESSIONS ARE REQUIRED?

Only 1

TONE

Tone is a non-invasive solution designed specifically to increase muscle strength. It is a non-surgical procedure that will enhance the shape and tone of the body using electrical muscle stimulation (EMS). Evolve Tone is recommended for patients who are looking for a non-invasive treatment to tone muscles and address areas that require definition. Evolve Tone stimulates muscle contractions to target specific muscle groups. It is a safe and effective procedure that can be done on a lunch break.

NUMBER OF TREATMENTS:

The number of treatments is typically 4-6 sessions, once weekly and may vary individually. Single maintenance sessions may be needed every 1-3 months.

RESULTS:

An improvement in muscle definition and quality

